

Post Freudians, Ego Psychology and American Object Relations
First Trimester 2009
3:30-5:00 PM

Instructor: Don Schimmel, Ph.D.

1st Trimester

Sept. 18, 25*, Oct. 2, 9, 16**, 23, Nov. 6*, 13, 20, Dec. 4, 11

* Dates selected by the CAAO Committee for their monthly meetings from 1:15 PM to 1:45 PM. with a 15 minute break

** Dates selected for the Class Evaluation (verbal). Please allow about 20 minutes at the beginning of the class.

Class 1: September 18, 2009

Overview of Freud and Post Freudians

Brown, J.A.C. (1964). Freud and the Post-Freudians. Middlesex, England: Penguin Books, Inc. pp.17-55 and pp. 56-87 (Chapters 2, 3 and 4)

Class 2: September 25, 2009

Brown, J.A.C. (1964). Freud and the Post-Freudians. Middlesex, England: Penguin Books, Inc. pp.129-148, 165-189 (Chapters 7 and 9). Optional: Chapter 8

Class 3: October 2, 2009

Greenberg, J.R. and Mitchell, S.A. (1983). Object Relations theory and Psychoanalytic Theory. London, England: Harvard University Press. pp. 9-49. Optional pp. 1-5

Class 4: October 9, 2009

Overview of Ego Psychology

Mitchell, S.A. and Black, M. J (1995). Freud and Beyond: A History of Psychoanalytic Thought. New York: Basic Books. Chapter 2 pp 23-59

Wallerstein, R.S. (2002). The Growth and Transformation of American Ego Psychology. J. Amer. Psychoanal. Assn., 50:135-168

Class 5: October 16, 2009

Freud, A. The Ego and the Mechanisms of Defense, International Universities Press, New York, 1946: pp. 3-57

Class 6: October 23, 2009

American Object Relations Theory

Mahler, M.S., Pine, F. and Bergman, A. (1975). The Psychological Birth of the Human Infant: Symbiosis and Individuation. New York, NY: Basic Books. pp. 41-75 (Chapters 3, 4, & 5)

Class 7: November 6, 2009

American Object Relations Theory

Mahler, M.S., Pine, F. and Bergman, A. (1975). *The Psychological Birth of the Human Infant: Symbiosis and Individuation*. New York, NY: Basic Books. pp.76-120 (Chapters 6 &7).

Class 8: November 13, 2009

American Object Relations Theory

Kernberg, O.F. (1988). Object Relations Theory in Clinical Practice. *Psychoanal Q.*, 57:481-504.
In **PEP-WEB**

Class 9: November 20, 2009

Post Freudian: Object Relations and Self-Psychology

Dorpat, T. "Structural Conflict and Object Relations Conflict" *Journal of the American Psychoanalytic Association* 24: 855-874

The Disorder of the Self: The course of Life Vol. II Early Childhood pp. 229-253

Class 10: December 4, 2009

Post Freudian: Self-Psychology and Intersubjective Theory

Bromberg, P. (1989). *Interpersonal Psychoanalysis and Self: A Clinical Comparison*". In Self Psychology. Hillsdale, NJ: Analytic Press. pp. 275-290

Class 11: December 11, 2009

To be determined