

CONTINUING EDUCATION CREDITS

CME:

This Activity has been planned and implemented in accordance with the Essential Areas of Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Seattle Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity. The American Psychoanalytic Association designates this continuing medical education activity for a maximum of 99 credit hours each year in Category 1 of the physicians Recognition Award of the American Medical Association. Each Physician should claim only those hours of credit that she/he actually spent in the educational activity.

CPE:

This Activity meets the requirements of WA308-122-520 (Definition of Category of Creditable CPE).

CEU:

This Activity has been approved by the NASW Washington State Chapter, for 99 credit hours each academic year. Certified Social Workers and Mental Health Counselors are eligible. Provider number is #1975-144.

SPSI SEATTLE
PSYCHOANALYTIC
SOCIETY & INSTITUTE

4020 East Madison, Suite 230
Seattle, WA 98112

SPSI

Child Psychotherapy Program

**SPSI Continuing
Education Program
4020 East Madison
Suite 230
Seattle, WA 98112
206/328.5315**

CHILD PSYCHOTHERAPY PROGRAM

The Seattle Psychoanalytic Society & Institute has a long tradition of teaching child psychoanalysis and child psychodynamic psychotherapy dating back to the 1960s. This newly revised program will focus on the inner and inter-subjective world of the child/adolescent and on how the child/adolescent's inner world influences behavior. We will apply this understanding to diagnosis and to the practical/clinical issues in working dynamically with children and their families. CPP draws on the contributions of the major schools of psychoanalysis including drive, ego, object, self, attachment, and normal versus pathological development. This emphasis is pursued in the belief that an understanding of unconscious phenomenon is necessary for all modes of therapeutic intervention. In addition, because of the considerable role that environmental and constitutional factors play in emerging psychological development, capabilities, and socialization, CPP will also focus on both internal and external issues relating to a child's development.

OVERVIEW

Child psychodynamic psychotherapy training aims towards clinical expertise integrated with theoretical knowledge and personal growth. To accomplish these goals, the child psychodynamic psychotherapy program has three basic components: a two-year curriculum of didactic seminars and case conferences; supervised practice; and a highly recommended personal psychoanalytic or psychotherapeutic experience. These three elements interweave and reinforce each other to provide a more comprehensive and multi-dimensional educational experience. During this program our goal is to facilitate a supportive environment in which a student can learn and grow as a child therapist.

COURSE DESCRIPTION

The didactic seminars will include a focus on child and adolescent developmental theory, technique, psychopathology and issues and controversies, across all age groups; prelatency, latency, and adolescence. Readings would include issues of assessment of children and families, issues of opening, middle phase, and termination work with a child and family, transference, countertransference, and working with parents.

SUPERVISION/CONSULTATION

Supervision is a vital part of the program. The supervisory relationship provides a context within which the therapist can identify and develop the skills needed to successfully work psycho-dynamically with children. Students are required to see two cases in supervision with different supervisors. They should see a child or adolescent of each gender. The two cases should be from different age groups: Zero to pre-latency, latency, and adolescence. Ideally this psychotherapy should be at a frequency of at least two times a week. Supervision should be arranged privately with members of the child division faculty.

PERSONAL PSYCHOTHERAPEUTIC EXPERIENCE

There are special challenges to working with children. Children bring material in unique ways and they often also press for gratification or encourage boundary violations in ways that the therapist may sometimes find difficult to resist. In addition, working psycho-dynamically with children often arouses unconscious conflicts within the therapist in unexpected, unpredictable, and often unsettling ways. It is therefore highly desirable and strongly recommended that each participant be in ongoing psychotherapy or psychoanalysis during the course of the program.

APPLICATION PROCESS

Applications for the CPP program are available from the SPSI office. Applications must be received by August 15th for the Fall class, and include the \$25 application fee. Once the application is received, interviews with the applicant are scheduled and conducted by the Child Division Faculty. The CPP Admissions Committee will notify applicants of their decision on acceptance to the program.

TUITION AND APPLICATION INFORMATION

Tuition is \$25.00 per class, or \$1650.00 per year, and is invoiced each trimester. For inquiries or to request an application, please contact:

Seattle Psychoanalytic Society & Institute
4020 E. Madison St., Suite 230,
Seattle, WA 98112
206-328-5315 • info@spsi.org • www.spsi.org

ADMISSIONS POLICIES AND PROCEDURES

The Child Psychotherapy Program is offered to three categories of applicants:

Category 1: Complete Program

This category includes didactics, case conferences, and case supervision. Student pays standard tuition plus fees for their case supervision. Fees for supervision are negotiated with case supervisor. Candidates must have a minimum of 40 hours of individual supervision to qualify for the ***Certificate in Child Clinical Psychotherapy***.

Category 2: Modified Program:

This category includes didactics and case conference, but case supervision is not required. Student pays standard tuition. Category 2 candidates will receive a ***Certificate of Completion of CPP Didactics and Case Conferences***.

Category 3: Auditor

This category includes didactics and case conferences, but supervision is not required. Student pays standard tuition. This category also allows students who are ***Fellows of APSaA*** and a previous ***guest faculty at SPSI*** to audit free of charge.

CLASS LOCATION, TIMES AND DATES

Classes will be held at the SPSI office on Monday evenings, from 6:30 to 9:45pm. Please refer to the Class Schedule for specific dates.

Didactics:	6:30 – 8:00 pm
Break:	8:00 – 8:05 pm
Case Conference:	8:05 – 9:35 pm

OTHER STUDENT BENEFITS

CPP students have use of the SPSI library, receive student discounts for any SPSI sponsored educational programs, and are listed in the Roster.

FACULTY

The faculty will include members of the Child Division of SPSI as well as advanced candidates in child psychoanalytic training.