What does it mean for us as psychoanalytic therapists to “put our minds as fully as possible at the disposal of our patients?” In this thoughtful and highly personal reflection Dr. Anton Kris uses extensive case material to reflect on the nature and role of the analyst’s actions. He explores the complex demands involved in recognizing that we are active participants in the treatment process, noting that “refuge can no longer be found in anonymity, authoritarian neutrality, or the belief in the greater clarity of the analyst’s vision, as was the case for early generations of analysts.”

Dr. Kris explores the fluid boundary between thought and action and demonstrates how fruitful this inquiry can be. In Dr. Kris’s description of his work, “words alone could not carry the treatment.” He thoughtfully demonstrates how psychoanalysis deepens the patient’s insight and experience - by using both participation and interpretation.

After Dr. Kris’s presentation, Melissa Stoker, M.S. will present clinical material, with a focus on the analyst’s actions, for discussion by Dr. Kris and the audience. Registration will be limited in order to enhance the discussion of Dr. Kris’s paper and the case presentation.
Schedule

8:30 to 9:00 AM  Registration and Coffee
9:00 to 9:10 AM  Introduction by Kathy Weissbourd, Ph.D.
9:10 to 10:00 AM “The Dyer’s Hand: A Disquisition on Some Aspects of the Psychoanalyst’s Actions” by Anton O. Kris, M.D.
10:05 to 10:30 AM Audience Discussion
10:30 to 10:50 AM Coffee Break
10:50 to 11:00 AM Introduction by Kathy Weissbourd, Ph.D.
11:00 to 12:45 PM Clinical presentation by Melissa Stoker, M.S. with comments by Dr. Kris, and audience discussion

Presenters

Anton O. Kris, M.D. is a Professor of Psychiatry, part time, at Harvard Medical School. He has been a psychiatrist for over 50 years, a psychoanalyst for over 40 years, and a Training and Supervising Analyst at the Boston Psychoanalytic Society and Institute for over 30 years. He is the author of *Free Association: Method and Process* and numerous papers. Dr. Kris has served on the editorial boards of several of the major psychoanalytic journals and on the board of trustees of The Anna Freud Centre, The Sigmund Freud Archives, and The Anna Freud Foundation.

Melissa Stoker, M.S. is on the faculty of Seattle Psychoanalytic Society and Institute, and has a private practice in Madison Valley where she sees adults and children in psychoanalysis and psychotherapy.

Kathy Weissbourd, Ph.D. is a psychoanalyst and psychologist in private practice in Seattle. She received her certificate in psychoanalysis from the Northwest Center for Psychoanalysis in 2009, and is on the faculty of the Institute for Contemporary Psychoanalysis in Los Angeles. She is a Community Member of SPSI and serves on the Committee for Psychoanalysis and Visual Art and the Continuing Education Committee.

Learning Objectives

After attending Dr. Kris’s presentation:

1. Participants will develop skills in evaluating and responding to clinical situations that may allow for or evoke an active response from the analyst.
2. Participants will develop an understanding of the limits of action in the analytic situation and the crucial importance of those limits.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and Seattle Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 3.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This presentation also meets the requirements of WAC 246-924-240 (Definition of Category of Creditable CPE).

“This program has been approved for 3.25 CEUs by the NASW Washington State Chapter.” Licensed Social Workers, Marriage and Family Therapists and Mental Health Counselors are eligible. Provider number is #1975-144.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.
Registration

NOTE: Attendance is limited so early registration is advised.

Anton O. Kris, M.D.
May 9, 2015

Name and Degree ____________________________________________________________

Address ________________________________________________________________________________________

City, State, Zip ______________________________________________________________________________________

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If you have any questions, or you’re not sure of your membership status, contact our Administrator, Peggy Swenson, at (206) 328-5315 or peggy@spsi.org.