When I was a candidate, the prevailing view held that Freud had established the foundations of the cathedral of psychoanalysis, and that those who followed were slowly building the superstructure. This view is unsustainable. The foundations consist of the technical rules for carrying out psychoanalysis, including the method of free association, the psychoanalytic frame, the process of analyzing unconscious mental activity, as well as psychoanalytic theory. Changes in theory, practice and observation, both during Freud’s lifetime and in the subsequent seven decades, demonstrate that these foundations are in fact continually evolving. These ongoing changes require unlearning as a necessary part of any new learning. In this lecture, I emphasize that unlearning needs to be understood from an emotional as well as a cognitive perspective.”

Anton O. Kris, MD
2012
about the conference

**Learning Objectives:**

After attending the program, participants will be able to:

- Gain awareness of the requirement for unlearning in both the initial and the continuing learning of psychoanalysis.
- Establish the crucial premise that the foundations of psychoanalysis are ever-changing.
- Appreciate the danger of unlearning too much.
- Understand the nature of unlearning as more than cognitive, that what is at stake are important identifications and emotional attachments.
- Examine a variety of situations and vicissitudes of unlearning-learning, past and present.

**Part I:**

- **9:00 - 9:10 am**
  - Introduction, Cecile R. Bassen, MD
- **9:10 - 10:00 am**
  - “Unlearning and Learning Psychoanalysis” by Anton O. Kris, MD
- **10:00 - 10:30 a.m.**
  - Audience discussion

**Part II** (limited to first 20 registrants, to promote discussion):

- **10:50 - 11:00 am**
  - Introduction, Cecile R. Bassen, MD
- **11:00 am - 12:45 pm**
  - Clinical presentation, John Cardinali, Psy.D, with comments by Dr. Kris and audience participation

**Conference fees:**

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<tr>
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<th>SPSI members</th>
<th>Non-members</th>
<th>Students</th>
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<tr>
<td>Full program (Part I and II)</td>
<td>$70</td>
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<td>Early registration (by Feb 24, 2012)</td>
<td>$60</td>
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<td>Part I only (no CE)</td>
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**registration**

**Unlearning and Learning Psychoanalysis**

Anton O. Kris, MD, Saturday, March 17, 2012

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**about the conference**

**When:**
Saturday,
March 17, 2012
8:30 am - 12:45 pm

**Where:**
Seattle Psychoanalytic Society and Institute, conference room, 4020 E. Madison St. #230 (2nd floor)
Seattle, WA

**Continuing Education Credits:**

1.5 hours CME/CPE/CEU for Part I
1.75 hours CME/CPE/CEU for Part II
3.25 hours CME/CPE/CEU for Parts I and II

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**continuing education credit**

CME: This activity has been planned and implemented in accordance with The Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the Seattle Psychoanalytic Society and Institute.

The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity. The American Psychoanalytic Association designates this educational activity for a maximum of 3.25 hours in category 1 credit towards the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

CPE: This presentation also meets the requirements of WA 308-122-520 (Definition of Category of Creditable CPE).

CEU: This presentation has been approved for 3.25 CEUs by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-144

Disclosure information is on record indicating that participating faculty members have no significant financial relationships to disclose.