

Registration

Full Name & Degree

Street Address

City, State, Zip

Phone (required)

Email (required)

Registration Fees

SPSI Members	Non-members	Students*
\$40/\$50	\$50/\$60	\$20/\$30

Early registration discount if received or postmarked by March 15, 2019. **Please include documentation to confirm student status.*

Payment Amount: \$ _____

Credit Card No: _____

Exp. (MM/YY): ____/____ CVV Code: ____

Billing Zip Code: _____

Signature: _____

Mail your completed registration form to:

SPSI
4020 E. Madison St., Suite 230
Seattle, WA 98112

Questions about registration? Contact SPSI Administrator Zan Christensen at **206.328.5315** or **zan@spsi.org**

Please register early, as seating is limited.

Register at **spsi.org** or mail the registration form with payment. (Make checks payable to “SPSI” or provide credit card information at the bottom of the registration form.)

Schedule

- 7:15 PM Coffee, tea, and desserts
- 7:30 PM Introduction
- 7:35 PM “Problems in Living”
presented by
Sandra Buechler
- 8:30-9:00 PM Discussion

Learning Objectives

1. Participants will be able to articulate some treatment strategies for helping patients/clients work with recurring difficulties in their lives, helping them access strengths like resilience and courage.
2. Participants will be able to name and better address some of the obstacles that can prevent people from being able to cope with life challenges.

For more information about this event, contact Margaret Crastnopol via email at **crastnopol@gmail.com**.

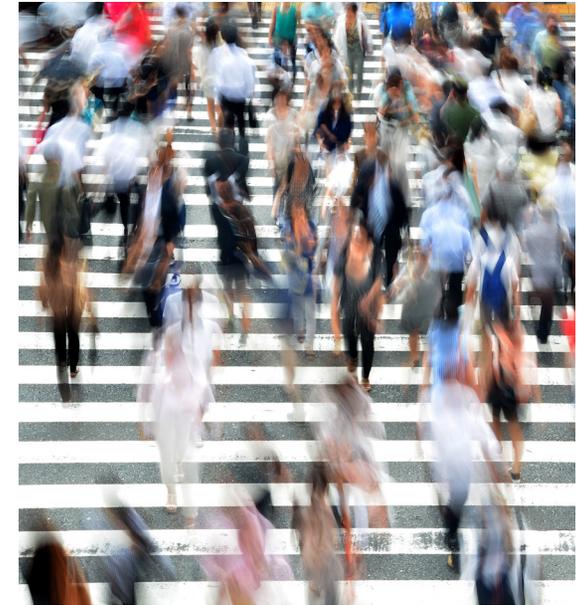
This program has been approved for 1.5 CEUs by the NASW Washington State Chapter. Licensed Social Workers, Marriage and Family Therapists and Mental Health Counselors are eligible. Provider number is #1975-144.



presents

Problems in Living

presented by
Sandra Buechler, PhD



Saturday, March 30,
2019 at 7:30-9pm

4020 EAST MADISON ST #230, SEATTLE, WA 98112
(206) 328-5315 — INFO@SPSI.ORG

The Seattle Psychoanalytic Society and Institute and Margaret Crastnopol are proud to sponsor an evening of clinical conversation with **Sandra Buechler, PhD**.

The Interpersonalist Harry Stack Sullivan and his followers famously called individuals' psychopathology or character issues very simply their particular "problems in living." In this evening's presentation, Dr. Buechler draws from her soon-to-be-published book to explore how we can best work with these psychic issues in the particular context of the universal "life problems" of aging, mourning, bearing uncertainty, loneliness, and troubled relationships with others. She explores how the analytic clinician can bolster patients' capacities for resilience, forgiveness, courage, and creativity as they handle life's most challenging trials and tribulations.

Presenter

Sandra Buechler, PhD, is Training and Supervising Analyst, William Alanson White Institute (NYC). She is the author of five psychoanalytic books. *Clinical Values: Emotions that Guide Psychoanalytic Treatment* (Analytic Press, 2004) examines hope, courage, and other values. *Making a Difference in Patients' Lives: Emotional Experience in the Therapeutic Setting* (Routledge, 2008) discusses therapeutic



process. *Still Practicing: The Heartaches and Joys of a Clinical Career* (Routledge, 2012) examines clinicians' shame, sorrow, and resilience. *Understanding and Treating Patients in Clinical Psychoanalysis: Lessons from Literature* (Routledge, 2015) uses short stories to illuminate coping styles, and *Psychoanalytic Reflections: Training and Practice* (IP Books, 2017) reflects on the process of becoming a psychoanalyst and integrating an analytic career with other walks of life.

Discussant

Margaret (Peggy) Crastnopol, PhD, is on the faculty of the Seattle Psychoanalytic Society and Institute, and is a supervisor of psychotherapy and faculty, William Alanson White Institute (NYC), and is a Training and Supervising Analyst at ICP-LA. She is an associate editor of *Psychoanalytic Dialogues* and serves on the editorial board of *Contemporary Psychoanalysis*. Dr. Crastnopol is on the executive committee of the International Association for Relational Psychoanalysis and Psychotherapy. She is the author of *Micro-trauma: A Psychoanalytic Understanding of Cumulative Psychic Injury* (Routledge, 2015). Dr. Crastnopol is in private practice for the treatment of individuals and couples in Seattle, Washington.



Praise for Sandra Buechler's Work

"In her... book *Understanding and Treating Patients in Clinical Psychoanalysis: Lessons from Literature*, Sandra Buechler summarizes and quotes from a myriad of the best works of fiction that depict the ways people address the challenge of being a person. The book stands out for its originality and vivid, creative style. It really is a double pleasure to read, firstly for the author's deft summaries of the stories, followed by her marvelously insightful comments and interpretations. Her choice of fictional works is every book lover's dream and she uses each one to narrate and share some important psychoanalytic concepts in a fresh and engaging way. To me, it is almost as though each illustrative story were a musical note added to the score of a symphony, with, of course, Sandra Buechler as its composer. What a masterpiece she has created. I enjoyed this book immensely and cannot recommend it highly enough."

—Antonino Ferro,
President of the Italian Psychoanalytic Society

"Sandra Buechler, a wise psychoanalytic psychotherapist in New York City... brings her human experience as woman and mother, as a participant in the human condition, to bear on her work as therapist. It is a splendid book by an experienced clinician and teacher, an eloquent self-portrait of an active and committed therapist, brimming with clinical examples and helpful advice to both beginners and veterans in the field. It is a clarion call for emphasizing the role of emotions in life and in therapy rather than of intellectualized insight and theory... Buechler's book is a passionate segue and reaffirmation of the basic Freudian method... Buechler's pre-eminent focus on feelings and emotions and the life histories of her patients ...enabled her to build many bridges of emotional sharing between patient and therapist as they journey together, temporarily or interminably, in search of love, justice, and truth, making a difference where they can."

—Zvi Lothane, MD,
The American Journal of Psychoanalysis